

## **Canning Tomatoes and Tomato Products**

Fact Sheet 9.341

Food and Nutrition Series | Food Safety

By M. Bunning, P. Kendall, and E. Shackelton\* (6/23)

Home canning is a popular way to preserve tomatoes for later use. Using tested methods and recipes, choice ingredients, and having an awareness of acidity requirements are critical to a safe home-canned product.

• The canning recipes and procedures recommended in this fact sheet are the result of USDA research on safe home-canning for tomatoes and tomato products.

#### Tomato Acidity

Although tomatoes are traditionally considered a high-acid food (pH *below* 4.6), certain conditions and varieties can yield tomatoes and tomato products with pH values *above* 4.6.

## Several conditions can reduce the acidity of tomatoes:

- Tomatoes with decay or damage caused by bruises, cracks, blossom end rot, or insects
- Tomatoes grown in the shade, ripened in shorter hours of daylight, ripened off the vine (compared to those ripened in direct sunlight on the vine), or over-ripened
- Tomatoes attached to dead vines at harvest (compared to tomatoes harvested from healthy vines)
  - Decayed and damaged tomatoes and those harvested from frostkilled or dead vines should <u>not</u> be home canned.

Because of the uncertainty related to the pH of tomatoes, <u>ALL home-preserved</u> tomato products must be acidified to a pH of 4.6 or below (using lemon juice, citric acid, or vinegar (5% acidity)) and processed as a low-acid food using a boiling water or pressure canner.

• The processing times stated in the recipes in this fact sheet are designed to ensure destruction of microorganisms. Where appropriate, processing recommendations for <u>both</u> boiling water canners and pressure canners are given. However, using a pressure canner generally results in higher quality canned tomato products.

#### *Acidifying Home-Canned Tomatoes and Tomato Products*

To ensure safe acidity in whole, crushed or juiced tomatoes, add <u>lemon juice, citric</u> <u>acid, or vinegar</u> prior to processing:

- Acid should be added directly to the jars before filling with product.
  - For quarts: add 2 tablespoons of bottled lemon juice, 1/2 teaspoon of citric acid, or 4 tablespoons vinegar.\*

**For pints:** add 1 tablespoon bottled lemon juice, 1/4 teaspoon citric acid, or 2 tablespoons vinegar.\*

\*Note: Recipes list lemon juice or citric acid but vinegar in listed amounts may be used instead. Sugar may be added to offset the sour flavor (up to 1 teaspoon per pint or 2 teaspoons per quart).





## **Quick Facts**

- Select fresh, undamaged, vineripened tomatoes for canning. Avoid overripe tomatoes.
- To ensure safety, acid must be added when canning whole, crushed, or juiced tomatoes.
- Freezing is a safe, easy alternative to home canning. Frozen tomatoes and tomato products do not need added acid.
- Use CSU Extension's free Preserve Smart app/website for 24/7 access to tested home food preservation recipes with step-bystep instructions for over 55 fruits and vegetables!





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## Process Carefully to Avoid Spoilage

The most common reasons for spoilage in home-canned tomato products are under-processing and failed seals. Tomatoes that have not been processed long enough to destroy heat-resistant bacteria and fungi (molds) may spoil during storage.

- Never use canned tomatoes or tomato juices with off-odors!
- Molds can grow on the surface of improperly processed tomato products and may eventually reduce the acidity to a point where botulismproducing spores can grow and produce a deadly toxin.
- Because even minute amounts of botulism toxin can cause fatal illness, discard without tasting any canned products that show mold growth on the surface. Discard them safely where they cannot be eaten by people or animals.

#### IMPORTANT: Following the directions and processing times stated in this fact sheet will ensure sufficient destruction of bacteria and fungi.

#### Prepare Jars and Equipment

#### Canning Jars

- Use standard mason jars designed specifically for home canning.
  - Discard any jars with cracks or chips since defects can prevent an airtight seal or failure during the canning process.
  - Wash jars in hot, soapy water and rinse well before using.

Do not use commercial food jars (mayonnaise, pasta sauce, etc.) as they are not heat-tempered and can break easily and/or not seal properly when processed.



Figure 1.



### Lids and Screw Bands (two-piece set)

- Prepare new/unused flat metal lids as directed by the manufacturer.
  - Lids are designed for single-use, and should NOT be used for home canning more than once!
- Discard any screw bands with dents or rust, since defects can prevent an airtight seal.
  - Screw bands can be cleaned and used multiple times. Store carefully to prevent rusting or denting.

NOTE: One-piece home canning lids have not been researched for safe home food preservation, and are therefore <u>not</u> recommended.

#### Pressure canner

A pressure canner is a specially-made heavy pot with a tight-fitting lid designed to prevent steam from escaping. The lid is fitted with a vent (or petcock), a pressure gauge, and a safety valve. NOTE: ONLY use a pressure canner tested and designed for home canning. Electric multicookers are not recommended.

There are two types of pressure gauges (Figure 1.):

- <u>Weighted gauges</u> (gently rocks under pressure)
- <u>Dial gauges</u> need to be checked periodically for accuracy. Check each season before use, and more frequently, if used often.
  - Contact your nearest Extension county office to have your dial gauge and lid checked for safety.

Before using a pressure canner, clean well and be sure the exhaust vent, safety valve and the edges of the lid and/or gasket are clean, and the dial gauge (if using) has been tested for accuracy.

#### **Boiling water canner**

A boiling water canner is a large covered cooking pot with a rack that allows water to circulate under the jars, as well as helps prevent jars from touching each other or falling against the side of the canner.

- Any large metal pan may be used as a boiling water canner if it is deep enough, has a tight-fitting cover, and has a rack that can elevate the jars off the bottom of the canner.
  - Be sure the container is at least 4 to 5 inches deeper than the height of jars used to allow adequate space for the rack and briskly boiling water.
    - For pint jars, you need a container at least 10 inches deep.
    - For quart jars, the container should be at least 12 inches deep.

#### Boiling water canner (cont.)

- A deep pressure canner can also be used as a boiling water canner.
  - Cover but do not fasten the lid.
  - Leave the petcock wide open so steam can escape and pressure does not build up inside the canner.

#### Other Useful Canning Tools

- <u>Air bubble remover</u>, plastic knife, or non-metallic spatula- used to release air bubbles from within the jar
- <u>Canning funnel</u>- a funnel made from metal or foodgrade plastic with wide, short neck for filling jars
- <u>Headspace ruler</u>- a special graduated utensil or plastic ruler for measuring required space at the top of a filled jar
- <u>Jar lifter</u>- used to safely move jars to and from hot water during the canning process
- <u>Magnetic lid wand</u>- helps transfer metal lids to top of jars and prevent contamination
- <u>Timer</u>- necessary for critical timed steps throughout the canning process

## Prepare Tomatoes

Select fresh, firm, ripe tomatoes.

- Approximately 2 1/2 to 3 1/2 pounds of fresh tomatoes makes 1 quart of canned tomatoes.
- Green tomatoes are more acidic than ripened tomatoes and can be canned safely using directions for ripened tomatoes.
- Do not can soft, over-ripe, moldy or decayed tomatoes or tomatoes harvested from dead or frost-killed vines.

#### Wash, peel, and trim tomatoes.

- Rinse tomatoes under running water to clean.
- To remove skins, dip in boiling water for 30 to 60 seconds or until the skins split. Transfer to container containing ice cold water.
- Use a sharp knife to peel off the skin, cut out the core, and trim away any bruised or discolored portions.

## Pre-heat the Canner

Add water to the canner and bring to a boil:

- 2-3" of water in a pressure canner
- Enough to have 1-2" of water <u>above the top of the filled</u> jars in a boiling water canner\*

\*NOTE: It can be difficult to determine how much water you will need before the filled jars are placed in the canner. Be prepared by having an extra pan of water heating in case you've heated too little water in your canner. Remove excess water, if necessary.

## Fill Jars and Process

Fill jars according to the processing method described for each product on the following pages.

- Acidify by adding lemon juice, citric acid, or vinegar (5%) to each jar, or as specified in the recipe.
- Add the prepared product to the jars.
- Remove trapped air bubbles by inserting a nonmetallic spatula or knife between the food and the jar and slowly turning the jar to allow air bubbles to escape.
- Add more liquid if necessary to obtain the proper headspace (see specifications by recipe in Table 1).
- Wipe the jar rim with a clean, damp paper towel to remove any food particles.
- Place lid on the jar. Turn the screw band fingertip tight. Do NOT overtighten which can cause buckling of lids!
- Place filled jar in the pre-heated canner.
- Process jars in a boiling water or pressure canner as described in recipe in Table 1.

## Test Seals

After processing, use a jar lifter to carefully remove jars from canner and place on rack, dry towel or newspaper, leaving at least 1" space between jars.

- Allow jars to cool untouched, away from drafts, for 12 to 24 hours before testing seals.
- To test jar seals, press lids at the center. They should be slightly concave and not move.
  - If <u>sealed</u>, remove screw bands. Label sealed jars with contents, canning method and date. Store in a clean, cool, dry, dark place.
  - If <u>not sealed</u>, the product must be reprocessed, refrigerated, or frozen immediately.

## Reprocessing

# VERY IMPORTANT: Treat any jars that failed to seal as perishable (not shelf-stable).

- The food should either be eaten immediately, refrigerated, frozen, or reprocessed.
- The food can be safely reprocessed within 24 hours after the first processing.
  - You must repeat the <u>entire</u> canning process, using a new lid to ensure a safe product.
- To reprocess, remove lids and empty the contents into a pan. Cover and heat to boiling. Pack into clean, hot jars. Put on new pre-treated lids. Process again for the full time specified in recipe.

If you notice unsealed jars <u>more</u> than 24 hours after processing, do <u>not</u> reprocess jars. Discard the contents!

## Table 1: Directions for Canning Tomatoes and Tomato Products in a Boiling Water Canner or Pressure Canner

**General directions:** Wash, peel, and trim tomatoes as described in the '**Prepare Tomatoes'** section. Fill and process jars accordingly if the raw or hot pack method is provided. Release air bubbles and close jars as described in the '**Fill Jars and Process**' section. Process in a boiling water canner or pressure canner as directed in each recipe and for your elevation. **Important:** Wait to begin timing until the water returns to boiling or the canner gauge reaches the specified pressure!

\*Pressure canner: <u>Dial gauge</u>: 11 lb @ 0-2,000 ft.; 12 lb @ 2001-4000 ft.; 13 lb @ 4,001-6000 ft.; 14 lb @ 6,001-8,000 ft.; 15 lb @ 8,001-10,000 ft. elevation. <u>Weighted gauge</u>: 15 lb @ 1,000-10,000 ft. elevation.

<u>Processing Time (in minutes)</u> Boiling water canner at elevations of: Pressure canner*							
Product and Procedure	Jar size	1,001- 3,000 ft.	01- 3,001- 6,001- 8,001-				
Tomato Juice	pints	40 min.	45 min.	50 min.	55 min.	15 min.	
Juice	quarts	45 min.	50 min.	55 min.	60 min.	15 min.	

Wash, peel, and trim tomatoes. To prevent juice from separating, quickly quarter 1 pound of tomatoes into a large saucepan. Heat immediately to boiling while crushing. Continue to slowly add freshly cut tomato quarters to the boiling mixture and crush. Simmer 5 minutes after all pieces are added. Press juice through a food mill or sieve to remove skins and seeds. Add 2 tablespoons bottled lemon juice or 1/2 teaspoon citric acid to quart jars. Use half this amount for pints. Add 1 teaspoon salt per quart (1/2 teaspoon per pint) to jars, if desired. Heat juice again to boiling. Fill jars with hot juice, leaving 1/2-inch headspace. Close jars and process.

Tomato and	pints	40 min.	45 min.	50 min.	55 min.	15 min.
Vegetable Juice Blend	quarts	45 min.	50 min.	55 min.	60 min.	15 min.

Wash, peel, trim, crush and simmer tomatoes as for making tomato juice (above). Add no more than 3 cups of any combination of finely chopped celery, onions, carrots and peppers for each 22 pounds of tomatoes used. Simmer mixture 20 minutes. Press mixture through a foodmill or sieve and continue as described above, also adding lemon juice or citric acid.

Crushed Tomatoes	pints	40 min.	45 min.	50 min.	55 min.	15 min.
(with no added liquid)	quarts	50 min.	55 min.	60 min.	65 min.	15 min.

Wash, peel, trim, and quarter tomatoes. Bring 1/6 of quarters quickly to a boil in a large pot, crushing and stirring to exude the juice. Gradually add remaining quarters, stirring constantly. Boil gently 5 minutes. Add 2 tablespoons bottled lemon juice or 1/2 teaspoon citric acid to quart jars. Use half this amount for pints. Add 1 teaspoon salt per quart (1/2 teaspoon per pint) to jars, if desired. Fill jars immediately with hot tomatoes, leaving 1/2-inch headspace. Close jars and process.



Processing Time (in minutes) Boiling water canner at elevations of: Pressure canner*								
Product and Procedure	Jar size	0-10,000 ft.						
Standard	pints	40 min.	45 min.	50 min.	55 min.	15 min.		
Tomato Sauce	quarts	45 min.	50 min.	55 min.	60 min.	15 min.		
reaches desired sauce). Add 2 ta	d consister ablespoon s. Add 1 tea	ncy (volume is s bottled lemo aspoon salt p	s reduced by on juice or 1/ er quart (1/2	one-third fo 2 teaspoon teaspoon pe	or thin sauce c citric acid to c er pint) to jars	rge kettle until sauce or by one-half for thick quart jars. Use half this if desired. Fill jars		
Whole or	pints	45 min.	50 min.	55 min.	60 min.	10 min.		
Halved Tomatoes (packed in water)	quarts	50 min.	55 min.	60 min.	65 min.	10 min.		
or 1/2 teaspoon quart (1/2 teasp add enough wa liquid, leaving 1	n citric acid boon per p ter to cove ./2-inch he	l to quart jars int) to jars, if er. Boil gently adspace. Clo	. Use half th desired. <b>Ho</b> t for 5 minute se jars and	is amount fo t <b>Pack</b> – Pla es. Fill jars w process. <b>Ra</b>	or pints. Add 1 ce tomatoes vith hot tomato w <b>Pack</b> – Fill	pes and cooking prepared jars with		
or 1/2 teaspoon quart (1/2 teasp add enough wa liquid, leaving 1 raw tomatoes to and process. Pr	n citric acid boon per p iter to cove /2-inch he b 1/2 inch o rocessing	I to quart jars int) to jars, if er. Boil gently adspace. Clo of jar tops. Ao time is the sa	. Use half th desired. <b>Ho</b> t for 5 minute ose jars and dd hot water the for hot a	is amount fo t <b>Pack</b> – Pla es. Fill jars w process. <b>Ra</b> , adjusting h and raw pack	or pints. Add 1 ce tomatoes i vith hot tomato w <b>Pack</b> – Fill eadspace to c.	teaspoon salt per in large saucepan and pes and cooking prepared jars with 1/2 inch. Close jars		
or 1/2 teaspoon quart (1/2 teasp add enough wa liquid, leaving 1 raw tomatoes to	n citric acid boon per p ter to cove ./2-inch he b 1/2 inch (	l to quart jars int) to jars, if er. Boil gently adspace. Clo of jar tops. Ad	. Use half th desired. <b>Ho</b> t for 5 minute se jars and dd hot water	is amount fc t <b>Pack</b> – Pla es. Fill jars w process. <b>Ra</b> , adjusting h	or pints. Add 1 ce tomatoes /ith hot tomato w <b>Pack</b> – Fill eadspace to	teaspoon salt per In large saucepan and Des and cooking prepared jars with		
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or 1/2 teaspoon quart (1/2 teasp add enough wa liquid, leaving 1 raw tomatoes to and process. Pr Whole or Halved Tomatoes (packed in tomato juice or without added liquid) Wash, peel, and or 1/2 teaspoon quart (1/2 teasp add enough tom jar tops. Cover with raw tomato in jars until space	d trim toma ocitric acid poon per p /2-inch he o 1/2 inch he o 1/2 inch he o 1/2 inch he o cessing pints quarts d trim toma ocitric acid poon per p nato juices tomatoes v pes to 1/2 i	I to quart jars int) to jars, if er. Boil gently adspace. Clo of jar tops. Ac time is the sa 90 min. 90 min. 90 min. 90 min. atoes; leave v to quart jars int) to jars, if to cover. Boil with hot toma nch of jar top n juice. Leave e specified a	. Use half th desired. <b>Ho</b> t for 5 minute ose jars and dd hot water me for hot a 95 min. 95 min. 95 min. whole or cut . Use half th desired. <b>Ho</b> t gently 5 min to juice, leav os. Cover tor	is amount fo t <b>Pack</b> – Pla es. Fill jars w process. <b>Ra</b> , adjusting h and raw pack 100 min. 100 min. 100 min. 100 min. <b>100 min.</b> <b>100 min.</b> <b>100 min.</b>	or pints. Add 1 ce tomatoes i vith hot tomato w Pack – Fill eadspace to c. 105 min. 105 min. 2 tablespoon r pints. Add 1 ace tomatoes rs with hot tor headspace. hot tomato jui ose jars and p	teaspoon salt per in large saucepan and pepared jars with 1/2 inch. Close jars 25 min. 25 min. s bottled lemon juice teaspoon salt per in large saucepan; natoes to 1/2 inch of <b>Raw Pack</b> – Fill jars ce or press tomatoes		

Use up to 1 pound of zucchini or okra for every 3 pounds of tomatoes. Wash, peel, trim, and quarter tomatoes. Wash vegetables and slice or cube. Bring tomatoes to a boil and simmer 10 minutes. Add vegetables and boil gently 5 minutes. Add 1 teaspoon of salt per quart to jars, if desired. Fill jars with mixture. Leave 1-inch headspace. Close jars and process. For variation, add 4 or 5 pearl onions or 2 and 1/4-inch thick onion slices to each jar.



Processing Time (in minutes)								
	ner at altit	udes of:	Pressure canner*					
Product and Procedure	Jar size	1,001- 3,000 ft.	3,001- 6,000 ft.	0-10,000 ft.				
Spaghetti Sauce (with or without	pints	Boiling w	ater canne	60 min.				
meat)	quarts	Boiling w	ater cannei	mended	70 min.			
<ul> <li>30 lb. tomatoes, peeled, quartered</li> <li>2 1/2 lb. ground beef or sausage (for recipe <u>with meat</u>)</li> <li>1 cup onions, chopped</li> <li>5 cloves garlic, minced</li> <li>1 cup celery or green pepper,</li> </ul>		With meat –Wash, peel, and trim tomatoes and boil 20 minutes, uncovered, in large saucepan. Put through a food mill or sieve. Saute meat until brown. Add onions, garlic, celery, green peppers and mushrooms (if desired). Cook until vegetables are tender. Combine with tomato pulp in large saucepan. Add salt, oregano, parsley, pepper and brown sugar. Bring to a boil. Simmer, uncovered, until initial volume is reduced by nearly one-half. Stir frequently to avoid burning. Fill jars, leaving 1-inch headspace. Close jars and process for times above. Yields 10 pints.						
<ul><li>chopped</li><li>1 lb. fresh</li></ul>	pints	Boiling w	ater canne	20 min.				
mushrooms, sliced	quarts	Boiling w	ater cannei	not recom	imended	25 min.		
<ul> <li>(optional)</li> <li>4 1/2 teaspoons salt</li> <li>2 tablespoons oregano</li> <li>4 tablespoons parsley, minced</li> <li>2 teaspoons black pepper</li> </ul>	quarts       Boiling water canner not recommended       2         Without meat       – Follow the above directions, omitimet and sauteing the vegetables in 1/4 cup veget until tender. Yields 9 pints. Caution! Do not increase portions of onions, peppers or mushrooms.       2					up vegetable oil ot increase the		
<ul> <li>1/4 cup brown sugar</li> <li>1/4 cup vegetable oil (for recipe <u>without</u> <u>meat</u>)</li> <li>*Pressure canner: Dial ga ft.; 14 lb @ 6,001-8,000 ft.;</li> </ul>	•	_		-		-		



Processing Time (in minutes) Boiling water canner at elevations of:								
Product and Procedure	Jar size 1,001- 3,000 ft. 6,001- 3,000 ft. 8,000 ft. 8,000 ft. 10,000 ft.					canner* 0-10,000 ft.		
Mexican Tomato Sauce	pints quarts	Boiling v Boiling v	20 min. 25 min.					
<ul> <li>2 1/2 to 3 lbs chili peppers, peeled and chopped</li> <li>18 lbs tomatoes, peeled, chopped</li> <li>3 cups onions, chopped</li> <li>1 tablespoon salt</li> <li>1 tablespoon oregano</li> <li>1/2 cup vinegar (5% acidity)</li> </ul>	Place in until skir for seve downwa chop tor large sau inch hea <b>Caut</b> t <b>*Pressu</b> 13 lb @	a hot oven as blister an ral minutes rd. Discard natoes. Con ucepan. Brin dspace. Clo ion! Wear r horoughly re canner: 4,001-6000	d dry chilies. Make a small slit in side of pepper for steam to escape. a hot oven or broiler (400 degrees) for 6-8 minutes, turning frequently s blister and crack. Place in a pan and cover with a clean damp cloth al minutes to cool. Peel off skin starting at stem end and peeling d. Discard seeds and chop peppers. Wash, peel, trim, and coarsely atoes. Combine with chopped peppers and remaining ingredients in cepan. Bring to a boil, cover and simmer 10 minutes. Fill jars, leaving dspace. Close jars and process. Yields about 7 quarts. on! Wear rubber gloves while handling chilies or wash hands oroughly with soap and water before touching your face. re canner: Dial gauge: 11 lb @ 0-2,000 ft.; 12 lb @ 2001-4000 ft.; 4,001-6000 ft.; 14 lb @ 6,001-8,000 ft.; 15 lb @ 8,001-10,000 ft. . Weighted gauge: 15 lb @ 1,000-10,000 ft. elevation.					
Tomato Catsup	pints and half pints	20 min.	20 min.	25 min.	25 min.	Pressure canner not recommended		
<ul> <li>- 24 lbs ripe tomatoes, peeled, quartered</li> <li>- 3 cups onions, chopped</li> <li>- 3/4 teaspoon ground red pepper</li> <li>- 11/2 cups sugar</li> <li>- 1/4 cup salt</li> </ul>	- 3 tables celery see - 4 teaspo whole clo - 3 sticks cinnamor crushed - 1 1/2 teaspoon whole alls - 3 cups vinegar (5	ed pons ves , , s spice cider	<ul> <li>Combine gallon st simmer 2</li> <li>Meanwh vinegar i off heat.</li> <li>Remove mixture.</li> <li>Press bo to pot.</li> <li>Add sug volume i spoon w</li> <li>Fill jars, I</li> </ul>	e with chopp ockpot or lar 20 minutes. ile, combine n a 2-quart s Let stand 20 spice bag ar Boil mixture iled mixture ar and salt. E s reduced by ithout separa eaving 1/8-in s and proces	rge kettle. Bri spices in a sp aucepan. Bri minutes. nd combine v 30 minutes. through a foc Boil gently, sti y one-half or p ation.	d red pepper in a 4- ng to a boil and bice bag. Place with ng to a boil and turn inegar and tomato od mill or sieve. Return rring frequently, until mixture rounds up on a		



Processing Time (in minutes) Boiling water canner at elevations of: Canner*								
Product and Procedure	Jar size	1,001- 3,000 ft.	0-10,000 ft.					
Chili Salsa (hot tomato- pepper sauce)	pints and half pints	20 min.	20 min.	25 min.	25 min.	Pressure canner not recommended		
<ul> <li>- 5 lbs tomatoes, washed, peeled, chopped</li> <li>- 2 lbs chili peppers, peeled, chopped</li> <li>- 1 lb onions, chopped</li> <li>- 1 cup vinegar (5% acidity)</li> <li>- 3 teaspoons salt</li> <li>- 1/2 teaspoon black pepper</li> </ul>	Combine large sau peppers headspa	UCEPan. (See .) Heat to a b Ice. Close jar <b>! Wear rubb</b>	e Mexican to ooil and simn 's and proce <b>er gloves w</b>	mato sauce ner 10 minu ss. Yields 6 <b>hile handli</b>	for information tes. Fill jars, le to 8 pints.	ar, salt and pepper in a on on peeling chili eaving 1/2-inch oers or wash hands face.		

### Reference

USDA Complete Guide to Home Canning. Agriculture Information Bulletin No. 539. U.S. Department of Agriculture, National Institute of Food and Agriculture. 2015. (Available at: http://nchfp.uga.edu/publications/publications\_usda.html)

Resources
Preserve Smart app/website

<u>Freezing Vegetables</u> <u>Drying Vegetables</u> <u>Food Preservation without Sugar and Salt</u>



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